

**XXIX 2014
CARIFTA
SWIMMING
SYNCHRONIZED
SWIMMING and
OPEN WATER SWIMMING
CHAMPIONSHIPS**

**PISCINA OLIMPICO
“Roly Bisslik”
Savaneta, Aruba
APRIL 22-26, 2014**

**Approved Qualifier (only for swimming) for
2nd Youth Olympic Games & CAC 2014**

MEET SUMMONS

XXIX CARIFTA 2014 SWIMMING, SYNCHRONIZED SWIMMING AND OPEN WATER SWIMMING CHAMPIONSHIPS

1. DATE AND VENUE

DATE:	April 22-26, 2014
VENUE 1: Swimming Synchronized Swimming POOL SPECIFICATIONS:	Piscina Olimpico "Roly Bisslik" 10 Lane, 50 Meter pool with Omega Electronic Timing System depth: 2 meter 15 Meter warm down pool available
VENUE 2: Open Water	Mangel Halto Beach
GAMES VILLAGE:	To be announced at a later date

2. SCHEDULE

Monday, April 21:	Arrival of teams General Technical Meeting: 6:00 PM (Place:TBA) Following this, the Technical Officials Meeting: and Technical Swimming Meeting will be held
Tuesday, April 22 (Day 1):	Swimming Preliminary Heats - 9:00 AM Opening Ceremony 5:30 PM - 5:55 PM Swimming Finals - 6:00 PM
Wednesday, April 23 (Day 2):	Technical meeting Synchro 6:00 PM (Place:TBA) Swimming Preliminary Heats - 9:00 AM Swimming Finals - 5:00 PM

Thursday, April 24 (Day 3):

Tech meeting Open water (Place:TBA)

Swimming Preliminary Heats - 9:00 AM

Congress 1.00 - 3.00 PM (Place:TBA)

Swimming Finals - 5:00 PM

Synchronized Swimming: Solos - 2:00 PM

Friday, April 25 (Day 4):

Swimming Preliminary Heats - 9:00 AM

Swimming Finals - 5:00 PM

Synchronized Swimming: Figures - 1:00 PM

Finals

Saturday, April 26 (Day 5):

Open Water - 9:00 AM

Synchronized Swimming: Duet/Team - 9:00 AM

Closing Ceremony

Sunday, April 27:

Departure of Teams

3. INVITED FEDERATIONS

- | | |
|----------------------|---------------------------------|
| 1. Antigua & Barbuda | 12. Guyana |
| 2. Aruba | 13. Jamaica |
| 3. Bahamas | 14. Martinique |
| 4. Barbados | 15. St Lucia |
| 5. Bermuda | 16. St. Kitts, Nevis, Anguilla |
| 6. Cayman Islands | 17. St Vincent & the Grenadines |
| 7. Curacao | 18. Suriname |
| 8. Dominica | 19. Trinidad & Tobago |
| 9. French Guyana | 20. Turks & Caicos Islands |
| 10. Grenada | 21. British Virgin Islands |
| 11. Guadeloupe | 22. US Virgin Islands |

The Organizing Committee reserves the right to invite additional Countries for the Synchronized Swimming Competition in accordance with the current CARIFTA Guidelines

4. COMPETITION RULES

4.1. THE COMPETITION

The Competition will be conducted in accordance with FINA Rules 2013-2017 in force at the start of the competition. FINA Rule SW 4.4 shall be applied.

In the preliminary heats of swimming, the start will be “over the top” in the freestyle, breaststroke, butterfly and individual medley events.

4.2. INTERPRETATIONS

The Organizing Committee of CARIFTA 2014 and the Jury of Appeal shall have complete authority to answer and resolve any interpretation, resolution and call relating to these Competitions. Nominations for the Jury of Appeal should be submitted at the Technical Meetings.

4.3. AGE GROUPS

Swimming:

A. Competitors will compete in the following age groups:

- 11-12 Female & Male
- 13-14 Female & Male
- 15-17 Female & Male

B. The swimmer’s age group shall be determined by the age of the swimmer as of **midnight on 31st December 2013.**

Synchronized Swimming:

A. Competitors will compete in the following age groups:

12 & Under Female
13-15 Female
16-18 Female

B. A synchronized swimmer's age group shall be determined by the age of the swimmer as of **midnight on 31st December 2014.**

Open Water Swimming:

A. Competitors will compete in the following age groups:

13-14 Female & Male
15-17 Female & Male

B. The swimmer's age group shall be determined by the age of the swimmer as of **midnight on 31st December 2013.**

C. 2013-2017 FINA Rules require the Open Water swimmers to be minimum age of 14 years on the date of the competition. The Open Water 13-14 Age Group is an exception to the FINA Rules

5. ELIGIBILITY

A. All participating Federations must be registered and in good financial standing with FINA.

B. Participating Federations must be in good financial standing with all Federations invited to participate in the CARIFTA Swimming Championships.

C. Competitors must be either citizens of the Country they represent whether by birth or naturalization, provided that a naturalized citizen shall have lived in that Country for at least one year prior to the entry deadline for the Championships. Additionally, non-citizens may be entered providing the competitor has been resident in the country for one (1) year prior to the entry deadline and must not have swum for another country during that period. All Competitors must also be registered with, or a member of, the swimming Federation.

D. If a Country enters a competitor that is not a citizen of that country by birth or naturalization, the code for that country shall be changed by adding "AG" to the designated three letter FINA Country code and used throughout the competition e.g. ARU shall be changed to ARU-AG.

E. Federations with swimmers attempting to qualify for CAC Games must (a) also be in good standing with CCCAN and (b) in accordance with FINA Rule GR 3.2, for non-CCCAN federations, present letter from their Zone President or Secretary authorizing them to compete in this competition outside their Zone. This will apply to CONSANAT and the French federations.

6. PRELIMINARY ENTRIES

Preliminary Entries in each discipline must be made using the Preliminary Entry forms attached and must reach the Chairperson of the Organizing Committee by **Friday, January 24, 2014**.

Aruban Swimming Federation (Arubaanse Zwembond)
Organizing Committee CARIFTA 2014 Swimming Championships
Complejo Deportivo Guillermo P. Trinidad
P.O.Box 1226
Oranjestad
Aruba

Tel nr: (+297) 5931788 / (+297) 593-0674 / 594-0244

Fax nr: (+297) 586-0593

E-mail Swimming Federation: info@arubaswimming.com

E-mail Swimming entries: maureencroes@hotmail.com

E-mail Synchronized swimming entries: esthercroes66@gmail.com

7. FINAL ENTRIES

The Final Entries must be submitted to the Organizing Committee by Monday, **March 24th, 2014 by 4:00 pm**. Swimming entries must be submitted using HY-TEK Software. Final Entries must include the following details:

- A. Name, sex and date of birth of each swimmer/synchronized swimmer/open water swimmer
- B. Events being entered by each swimmer/synchronized swimmer/open water swimmer
- C. Entry time for seeding purposes (swimming only)
- D. Names of Team Officials and the position held by each official
- E. Names of qualified persons and capacity in which they are willing to serve as Meet Officials.
- F. Passport size photographs of each athlete, team and meet official.
- G. Photographs must be submitted in electronic format as **.jpg** files. Each picture (.jpg file) must specify the full name and Country of the competitor. Photographs must also be compressed in Zip format for efficient transmission. The zip file must be labeled with the name of the Country and discipline. Please submit separate zip files for each discipline.
- H. A profile of each swimmer, team and meet official. Profiles should include National and International achievements.
- I. Details of arrival and departure of all swimmers, team and meet officials (See attached form).
- J. **Any cancellations after the deadline of Monday, March 24, 2014 will be charged Transportation and Accommodations/Meals fees as per summons.**

8. ENTRY RULES

Swimming:

- A. There will be a limit of 8 Competitors in each sex per age group to a maximum of 36 swimmers
- B. There is no limit to the number of events per swimmer.
- C. No substitutions or alternates will be accepted after the final entries have been submitted, except in relays. All relay participants must have been entered in the meet.
- D. No Competitor will be able to participate in an age group outside of his age group even if it were in an age group older than the competitor.
- E. Each Country will be limited to two (2) competitors per individual event and one (1) team per relay event.
- F. In the relays each Country must enter 4 competitors. The order of the swimmers in each relay of the day's proceedings must be handed in to the Clerk of Course one hour before the start of each session.
- G. Individual events longer than 200 Meters will be Timed Finals. All other events will have preliminary heats with one final event.

*** As decided in the 2013 Congress:**

In events 400 meters & over, "NT" is no longer permitted.

400m Timed Final events: all heats except the fastest heat will be swum in the morning session. The fastest heat will be swum in the evening session. 800 & 1500 freestyle for the 13-14 and 15-17 age groups will be swum together, with the results and scoring published by age groups. All heats will be swum fastest to slowest, alternating Girls and Boys, at the end of the prelim session on Day 1.

400 Individual Medley for the 11-12 and 13-14 age groups will be swum together, with the results and scoring published by age groups.

PROOF OF TIMES MUST ACCOMPANY ENTRIES FOR EVENTS 400 METERS & OVER.

Accepted as proof of times are copies of meet results (April 2013-April 2014) indicating the location at which the times were achieved, signed by the meet referee or the President of the National Federation. All times must be swum and submitted as long course meters. In the event athletes only have SCY or SCM times, these must also be submitted but clearly identified as converted times. Furthermore, the following qualifying standards for the 800m and 1500m freestyle will be enforced.

Age group	Female (800)	Male (1500)
13-14	10:47.16	19:33.09
15-17	10:20.09	19:05.98

- H. The eight (8) fastest swimmers in the preliminaries will qualify for the finals. The 9th and 10th fastest in each preliminary event will be designated as alternates for the finals.
- I. Seeding for the preliminary events will be in accordance with FINA Rule SW3

- J. Any event containing eight (8) or fewer entries will automatically be a final.

Synchronized swimming:

- A. The Organizing Committee will invite Non-CARIFTA Federations &/or Club Teams to participate in the Synchronized Swimming Competitions.
- B. Each participant in the Championship must be a member of a Federation duly constituted and affiliated to FINA, or a club or regional team, or national team duly constituted and affiliated to a National Federation.
- C. Club Teams need to present a letter of good standing by their Federation upon arrival.
- D. Each Federation / Club may enter two (2) solos, two (2) duets and one (1) team per age group.
- E. The team must comprise a minimum of four (4) and a maximum of eight (8) competitors.
- F. No competitor may participate out of her age group, even it were an older age group than that of the competitor.

Open Water swimming:

- A. Each Country shall be able to enter a maximum of three (3) competitors per individual event, in men and women.
- B. Athletes will participate only if they are represented by their delegate from their country at the championship. The competitor's representative must sign and include with the entry form a document exonerating others of responsibility
- C. All competitors shall be subject to a compulsorily medical examination in the venue of the event before the start of the event. Information on this will be provided at the Technical Meeting.
- D. The place and time for the competitions, as well as the plan with the characteristics of the route will be provided to Delegations in the Technical Meeting.

9. TEAM OFFICIALS

Each participating Country may include in its delegation, at the cost indicated in Section 11, the following officials:

NB: The following persons are included in the above allocation of team officials: Doctors, masseurs, physical therapists, chaperones, managers/chefs de mission and coaches. Each of these persons must state the capacity in which they are functioning as team officials

Swimming:

- A. Delegations of twelve (12) competitors or less will be allowed three (3) team officials,
- B. Delegations of thirteen (13) to twenty four (24) competitors will be allowed five (5) team officials,

- C. Delegations of twenty five (25) to thirty six (36) competitors will be allowed seven (7) team officials,

Synchronized swimming:

- A. Delegations of four (4) competitors or less will be allowed one (1) team official.
- B. Delegations of five (5) to twelve (12) competitors will be allowed three (3) officials.
- C. Delegations of thirteen (13) to twenty four (24) competitors will be allowed five (5) team officials,
- D. Delegations are required to include in their delegations two (2) FINA qualified judges in addition to the above.

Open water swimming:

- A. 2 Officials

Teams from non English-speaking countries will also be entitled to an additional official to serve as a translator. The Organizing Committee will endeavor to provide a bilingual Liaison Officer to be available throughout the competition or as required.

10. REGISTRATION/ACCREDITATION PROCEDURE

- A. Upon arrival at the Games Village, teams will be checked in and allocated rooms based on the pre-allocation list. If no room allocation list has been provided the OC will allocate rooms prior to the team's arrival.
- B. The Head of Delegation/Manager will be taken to the Village Office to complete the following:
 - 1. Delegations will pay to the Organizing Committee the total sum of meet fees as invoiced by the host Country based on the final entries. Invoices will be sent to the National Federations prior to arrival. Fees must either be paid prior to arrival or upon arrival in US dollars by Travelers'cheques, cash, or by telegraphic transfer to the following account:

Telegraphic/Wire Transfer Instructions:

J.P. Morgan/Chase New York

ABA number: 021000021, SWIFT CODE CHASUS33

For further credit to Aruba Bank N.V., SWIFT CODE ARUBAWAX

Camacuri 12, Aruba

To the account of Arubaanse Zwembond (AZB)

Palmitastraat 6B, Aruba

Account number 110006211

Should payment by telegraphic transfer be the chosen option, please note that commission charges must be paid by the National Federation and that the meet fees received by the host Country must equate the amount invoiced.

2. The athlete's proof of age and eligibility will be verified at this time. Athletes' proof of age and eligibility must be provided in the form of a valid passport.
3. Accreditation badges will be issued to each member of the official delegation after payment has been made.
4. Submission of three (3) flags and anthems.
5. The accreditation card must be carried at all times. The loss of an accreditation card must be reported to the Competition Secretariat and will be replaced at a cost of US \$25.00.

11. FEES

Meet Fees for the Competition are as follows:

1. Meet Fee –US \$ 60.00 per night per member of the Official Delegation (swimmers, team officials & sanctioned meet officials) inclusive of breakfast and dinner for 4 persons in a room.

If a request is made by a Federation for accommodation other than 4 persons per room, the following rates will apply;

- o Triple rooms –US \$ 85.00 per person per night inclusive of breakfast & dinner
 - o Double Rooms –US \$ 120.00 per person per night inclusive of breakfast & dinner
 - o Single Rooms –US \$ 195.00 per person per night inclusive of breakfast & dinner
2. Swimming entry fee: US \$3.50 per swimmer per event
 3. Swimming relay entry fee: US \$7.50 per team per event
 4. Synchronized swimming figures entry fee: US \$5.00 per swimmer
 5. Synchronized swimming routine entry fee: US \$5.00 per Solo, Duet or Team
 6. Open Water entry fee: US \$ 3.50 per swimmer
 7. Transportation fee of US\$30.00 per delegation member for the period April 21-27, 2014 inclusive (Arrivals/departures, hotel/competition venue)
 8. Transportation to the Open Water Swimming Venue on Friday 25th (practice session) and Saturday (26th) of the competition will only be provided for the Open Water Athletes and their coaches

12. TECHNICAL MEETINGS

Monday April 21st, General Technical Meeting at 6:00pm

1. Welcome & introductions
2. Description of Games Village
3. Description of Competition Venue
4. Transportation schedule
5. Immediately following will be the Swimming Technical meeting

Monday April 21st, Swimming and Swimming Officials Technical meeting, following General Technical Meeting

1. Review of Entries
2. Submission of corrections. Corrections must be submitted in writing and signed by the head coach of the delegation or delegation's representative at the meeting
3. Submission of nominees for the Jury of Appeal
4. Outline of configuration of pool and location of officials
5. Any other technical matters

Wednesday April 23, Synchronized Swimming Technical Meeting at 6:00pm

1. Synchronized swimming draw
2. Outline of configuration of pool
3. Any other technical matters

Thursday, April 24, Open Water Technical Meeting at 12:00pm

1. Review of Entries
2. Submission of corrections. Corrections must be submitted in writing and signed by the head coach of the delegation or delegation's representative at the meeting.
3. Submission of nominees for the Jury of Appeal
4. Outline of the Configuration of the Course and location of Officials
5. Any other Technical Matters

Thursday, April 24, CONGRESS AT 1 PM

13. PROTESTS

All protests to the Referees' Decision must be submitted to the referee in writing within 30 minutes after the event, signed by the Team Manager of the delegation and accompanied by US \$25. If the protest is upheld the fee will be returned to the Delegation's leader.

14. JURY OF APPEAL

- A. There shall be a Jury of Appeal to adjudicate all appeals against a Referee's rejection of a protest.
- B. Each country shall be entitled to nominate a representative to serve on the Jury of Appeal. Nominations should be submitted in writing at the Technical Meeting on April 21, 2014
- C. The Jury of Appeal shall be comprised of 3 disinterested persons drawn from the pool of nominees submitted by each country.

15. SCORING AND AWARDS

Points will be awarded as follows:

SWIMMING:	INDIVIDUAL	RELAYS	
SYNCHRO:	SOLO/FIGURES	DUET	TEAM
OPEN WATER:	INDIVIDUAL		
PLACE			
1	9	18	27
2	7	14	21
3	6	12	18
4	5	10	15
5	4	8	12
6	3	6	9
7	2	4	6
8	1	2	3

- A. Independent scoring will be kept in each discipline with the trophies awarded to the top three teams overall in each discipline.
- B. Swimming - Medals will be awarded to 1st, 2nd and 3rd place in each event.
- C. Swimming –A High Point Trophy will be presented to the champion in each age group (female & male).
- D. Swimming - A Performance Trophy will be awarded in each age group to the swimmer who scores the highest FINA points in a single event.
- E. Swimming - Medals and trophies will be presented during the evening sessions and at the Closing Ceremony.
- F. Open water swimming - Medals will be awarded to 1st, 2nd and 3rd place in each event

Synchronized Swimming:

- A. Synchronized swimming - places will be determined according to the swimmers scores.
- B. Synchronized Swimming –Medals will be awarded to 1st, 2nd and 3rd place in each event (including the alternates).
- C. A High Point Trophy will be presented to the champion in each age group (this is regardless of Club/Country)
- D. Overall Champions - CARIFTA 2014 (this is regardless of Club/Country)

16. OPENING OF POOL

The pool will be opened 90 minutes before the scheduled start of the Competition Session except prior to the Opening Ceremony (session 2) when the pool will be opened 90 minutes before the start of the Ceremony. The pool will be closed 15 minutes before the start of the competition.

17. FLAGS AND ANTHEMS

Each Delegation shall provide:

- A. Three (3) flags of their country no larger than 4 feet by 6 feet.
- B. A compact disk of their National Anthem with a time span of not longer than 30 seconds.

18. CEREMONIES

- A. There will be an Opening Ceremony on the first day of the competition, April 22, 2014 from 5:30 to 5:55 PM at the competition pool.
- B. There will be a Closing Ceremony at the end of the competition when the trophies will be presented.

19. Citizens of countries that need a visa to travel to Aruba are recommended to fulfill the necessary procedure at the Embassy of the Kingdom of the Netherlands in their country or with jurisdiction for their territory well in advance. A list of the nationalities that need a visa for Aruba is annexed to this Summons for your convenience.

20. TRANSPORTATION

- A. Teams are responsible for arranging their own transportation to and from Aruba and the cost there-of.
- B. Official delegations and approved meet officials will be met at the Reina Beatrix International Airport (AUA) by Organizing Committee Volunteers and transported to the Games Village.
- C. Official delegations and approved Meet Officials will be transported from the Games Village to the Airport for departure at the end of the Competition.
- D. Official Delegations and approved Meet Officials will be transported between the Games Village and the Competition Venue. A Transportation schedule will be published.
- E. The Aruba departure tax is US\$ 35.00 per person. This is normally included in the airline ticket but verification is necessary.

21. ACCOMMODATION AND MEALS

- A. Dinner will be provided on Monday, April 21, 2014. Breakfast and dinner will be provided from Tuesday April 22 until Saturday April 26, and breakfast only on Sunday, April 27, 2014.
- B. NOTE: The rates indicated above are valid only for the stated period (April 21-27, 2014). Please contact the Organizing Committee for rates outside of this period.

22. CONTACT INFORMATION

ArubaanseZwembond

Organizing Committee CARIFTA 2013 Swimming Championships
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Oranjestad
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E-mail Swimming Federation: info@arubaswimming.com

E-mail Swimming entries: maureencroes@hotmail.com

E-mail Synchronized Swimming entries: esthercroes66@gmail.com

23. TECHNICAL OFFICIALS

Federations or Individuals may apply to the Organizing Committee to act as a Technical Official in the Swimming, Synchronized Swimming or Open Water Swimming Competition.

Since the Championship has been approved as a Youth Olympic Games and CAC Qualifying Event for swimming, only officials on FINA's List 16 and 17 will be Referees.

Application forms should be completed by the Technical Official, signed by the Federation President or Secretary and submitted to the Organizing Committee no later than January 30, 2014.

Officials who are accepted to work at the 2014 CARIFTA Competition will enjoy the accommodation and transportation rates quoted in this summons.

Officials who are selected will be notified by February 15, 2014.

24. SUPPORTERS

The Organizing Committee will be arranging a Supporters package that will include accommodation, transportation, accreditation, ticket to the closing ceremony and a souvenir meet magazine.

**COMPETITION PROGRAMME - SWIMMING
ORDER OF EVENTS**

Session # 1 DAY 1, April 22 Start 9:00 AM

Event 3/4	F/M 200 M Breaststroke	11-12 Prelims
Event 5/6	F/M 200 M Breaststroke	13-14 Prelims
Event 7/8	F/M 200 M Breaststroke	15-17 Prelims
Event 9/10	F/M 50 M Backstroke	11-12 Prelims
Event 11/12	F/M 50 M Backstroke	13-14 Prelims
Event 13/14	F/M 50 M Backstroke	15-17 Prelims
Event 15/16	F/M 100 M Butterfly	11-12 Prelims
Event 17/18	F/M 100 M Butterfly	13-14 Prelims
Event 19/20	F/M 100 M Butterfly	15-17 Prelims
Event 21/22	F/M 4x100 M Freestyle relay	11-12 Prelims
Event 23/24	F/M 4x100 M Freestyle relay	13-14 Prelims
Event 25/26	F/M 4x100 M Freestyle relay	15-17 Prelims
Event 1	F 800 M Freestyle	13-14 & 15-17 Timed Finals
Event 2	M 1500 M Freestyle	13-14 & 15-17 Timed Finals

Session # 2 DAY 1, April 22 Start 5:00 PM

Event 3/4	F/M 200 M Breaststroke	11-12 Finals
Event 5/6	F/M 200 M Breaststroke	13-14 Finals
Event 7/8	F/M 200 M Breaststroke	15-17 Finals
Event 9/10	F/M 50 M Backstroke	11-12 Finals
Event 11/12	F/M 50 M Backstroke	13-14 Finals
Event 13/14	F/M 50 M Backstroke	15-17 Finals
Event 15/16	F/M 100 M Butterfly	11-12 Finals
Event 17/18	F/M 100 M Butterfly	13-14 Finals
Event 19/20	F/M 100 M Butterfly	15-17 Finals
Event 21/22	F/M 4x100 M Freestyle relay	11-12 Finals
Event 23/24	F/M 4x100 M Freestyle relay	13-14 Finals
Event 25/26	F/M 4x100 M Freestyle relay	15-17 Finals

Session # 3 DAY 2, April 23 Start 9:00 AM

Event 27/28	F/M 200 M Freestyle	11-12 Prelims
Event 29/30	F/ M 200 M Freestyle	13-14 Prelims
Event 31/32	F/M 200 M Freestyle	15-17 Prelims
Event 33/34	F/M 50 M Butterfly	11-12 Prelims
Event 35/36	F/M 50 M Butterfly	13-14 Prelims
Event 37/38	F/M 50 M Butterfly	15-17 Prelims
Event 39/40	F/M 100 M Backstroke	11-12 Prelims
Event 41/42	F/M 100 M Backstroke	13-14 Prelims
Event 43/44	F/M 100 M Backstroke	15-17 Prelims
Event 45/46	F/M 400 M IM (slower heats)	11-12 & 13-14 Timed Finals
Event 47/48	F/M 400 M IM (slower heats)	15-17 Timed Finals
Event 49/50	F/M 4x100 M Medley relay	11-12 Prelims
Event 51/52	F/M 4x100 M Medley relay	13-14 Prelims
Event 53/54	F/M 4x100 M Medley relay	15-17 Prelims

**COMPETITION PROGRAMME - SWIMMING
ORDER OF EVENTS**

Session # 4 DAY 2, April 23 Start 5:00 PM

Event 27/28	F/M 200 M Freestyle	11-12 Final
Event 29/30	F/ M 200 M Freestyle	13-14 Final
Event 31/32	F/M 200 M Freestyle	15-17 Final
Event 33/34	F/M 50 M Butterfly	11-12 Final
Event 35/36	F/M 50 M Butterfly	13-14 Final
Event 37/38	F/M 50 M Butterfly	15-17 Final
Event 39/40	F/M 100 M Backstroke	11-12 Final
Event 41/42	F/M 100 M Backstroke	13-14 Final
Event 43/44	F/M 100 M Backstroke	15-17 Final
Event 45/46	F/M 400 M IM (fastest heat)	11-12 & 13-14 Timed Finals
Event 47/48	F/M 400 M IM (fastest heat)	15-17 Timed Finals
Event 49/50	F/M 4x100 M Medley relay	11-12 Final
Event 51/52	F/M 4x100 M Medley relay	13-14 Final
Event 53/54	F/M 4x100 M Medley relay	15-17 Final

Session # 5 DAY 3, April 24 Start 9:00 AM

Event 55/56	F/M 200 M Individual Medley	11-12 Prelims
Event 57/58	F/M 200 M Individual Medley	13-14 Prelims
Event 59/60	F/M 200 M Individual Medley	15-17 Prelims
Event 61/62	F/M 50 M Breaststroke	11-12 Prelims
Event 63/64	F/M 50 M Breaststroke	13-14 Prelims
Event 65/66	F/M 50 M Breaststroke	15-17 Prelims
Event 67/68	F/M 100 M Freestyle	11-12 Prelims
Event 69/70	F/M 100 M Freestyle	13-14 Prelims
Event 71/72	F/M 100 M Freestyle	15-17 Prelims
Event 73/74	F/M 200 M Butterfly	11-12 Prelims
Event 75/76	F/M 200 M Butterfly	13-14 Prelims
Event 77/78	F/M 200 M Butterfly	15-17 Prelims
Event 79/80	F/M 4x200 Free Relay	13-14 Prelims
Event 81/82	F/M 4x200 Free Relay	15-17 Prelims

Session # 6 DAY 3, April 24 Start 5:00 PM

Event 55/56	F/M 200 M Individual Medley	11-12 Final
Event 57/58	F/M 200 M Individual Medley	13-14 Final
Event 59/60	F/M 200 M Individual Medley	15-17 Final
Event 61/62	F/M 50 M Breaststroke	11-12 Final
Event 63/64	F/M 50 M Breaststroke	13-14 Final
Event 65/66	F/M 50 M Breaststroke	15-17 Final
Event 67/68	F/M 100 M Freestyle	11-12 Final
Event 69/70	F/M 100 M Freestyle	13-14 Final
Event 71/72	F/M 100 M Freestyle	15-17 Final
Event 73/74	F/M 200 M Butterfly	11-12 Final
Event 75/76	F/M 200 M Butterfly	13-14 Final
Event 77/78	F/M 200 M Butterfly	15-17 Final
Event 79/80	F/M 4x200 Free Relay	13-14 Final
Event 81/82	F/M 4x200 Free Relay	15-17 Final

**COMPETITION PROGRAMME - SWIMMING
ORDER OF EVENTS**

Session # 7 Day 4, April 25 Start 9:00 AM

Event 83/84	F/M 400 M Freestyle (slower heats)	11-12 Timed finals
Event 85/86	F/M 400 M Freestyle (slower heats)	13-14 Timed Finals
Event 87/88	F/M 400 M Freestyle (slower heats)	15-17 Timed finals
Event 89/90	F/M 50 M Freestyle	11-12 Prelims
Event 91/92	F/M 50 M Freestyle	13-14 Prelims
Event 93/94	F/M 50 M Freestyle	15-17 Prelims
Event 95/96	F/M 100 M Breaststroke	11-12 Prelims
Event 97/98	F/M 100 M Breaststroke	13-14 Prelims
Event 99/100	F/M 100 M Breaststroke	15-17 Prelims
Event 101/102	F/M 200 M Backstroke	11-12 Prelims
Event 103/104	F/M 200 M Backstroke	13-14 Prelims
Event 105/106	F/M 200 M Backstroke	15-17 Prelims
Event 107/108	F/M 4x50 M Freestyle Relay	11-12 Prelims
Event 109/110	F/M 4x50 M Freestyle Relay	13-14 Prelims
Event 111/112	F/M 4x50 M Freestyle Relay	15-17 Prelims

Session # 8 Day 4, April 25 Start 5:00 PM

Event 83/84	F/M 400 M Freestyle (fastest heat)	11-12 Timed finals
Event 85/86	F/M 400 M Freestyle (fastest heat)	13-14 Timed Finals
Event 87/88	F/M 400 M Freestyle (fastest heat)	15-17 Timed finals
Event 89/90	F/M 50 M Freestyle	11-12 Final
Event 91/92	F/M 50 M Freestyle	13-14 Final
Event 93/94	F/M 50 M Freestyle	15-17 Final
Event 95/96	F/M 100 M Breaststroke	11-12 Final
Event 97/98	F/M 100 M Breaststroke	13-14 Final
Event 99/100	F/M 100 M Breaststroke	15-17 Final
Event 101/102	F/M 200 M Backstroke	11-12 Final
Event 103/104	F/M 200 M Backstroke	13-14 Final
Event 105/106	F/M 200 M Backstroke	15-17 Final
Event 107/108	F/M 4x50 M Freestyle Relay	11-12 Final
Event 109/110	F/M 4x50 M Freestyle Relay	13-14 Final
Event 111/112	F/M 4x50 M Freestyle Relay	15-17 Final

CARIFTA 2014
SWIMMING, OPEN WATER AND SYNCHRONIZED SWIMMING
CHAMPIONSHIPS
PRELIMINARY ENTRY FORM

The preliminary entry form must be returned to the ArubaanseZwembond, Organizing Committee, CARIFTA Swimming Championships, no later than 24th January 2014

(Please type or print in block letter):

Name of Federation: _____

Contact Person: _____

Country: _____

Address: _____

Phone No.: _____ Fax No: _____

Email Address: _____

Our Delegation will comprise:

SWIMMING

Age category: 11-12, 13-14, 15-17, TOTAL

Female

Male

Team Officials

SUB-TOTAL

SYNCHRONIZED SWIMMING

Age category: 12 & Under, 13-15, 16-18, TOTAL

Number of swimmers

Number of Solos

Number of Duets

Number of Teams

Team Officials

SUB-TOTAL

OPEN WATER SWIMMING

Age category: 13-14, 15-17, TOTAL

Female

Male

Team Officials

SUB-TOTAL

Date:

Stamp and Signature of President or Secretary of Federation: