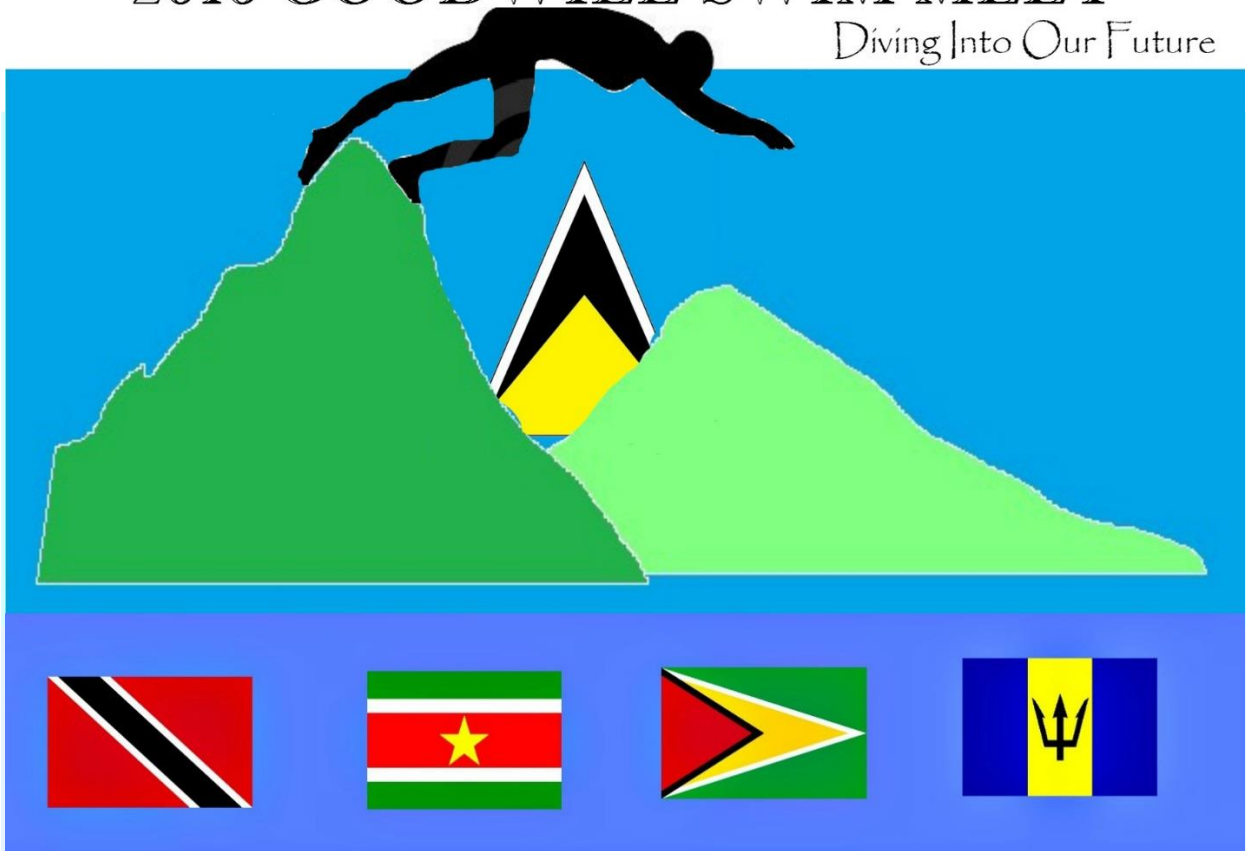


**ANNOUNCING THE
2016 GOODWILL SWIM MEET**

Diving Into Our Future



**HOSTED BY THE SAINT LUCIA AMATEUR
SWIMMING ASSOCIATION
AUGUST 19-21, 2016**

SUMMONS
ANNUAL GOODWILL SWIM MEET
AUGUST 19-21 2016

INVITED COUNTRIES:

The SAINT LUCIA AMATEUR SWIMMING ASSOCIATION cordially invites the National Swimming Federations of Suriname, Guyana, Barbados, and Trinidad and Tobago to celebrate the XXII Annual Goodwill Swim Meet 2016 in the beautiful island of Saint Lucia.

As host country, Saint Lucia has extended an invitation to the National Swimming Federation of the Bahamas to be the guest team for the 2016 Goodwill Swim Meet.

COMPETITION DATES:

The schedule for this competition shall be as follows

- Arrival of teams – Thursday August 18
- Technical Meeting – Thursday August 18 7:00pm
- Opening ceremony – Friday August 19
- Competition Dates – Friday August 19 – Sunday August 21
- Closing Ceremony and Gala Dinner – Sunday August 21
- Departure of teams – Monday August 22

COURSE:

The Rodney Heights Aquatic Centre is equipped with an 8-lane 25m pool with Colorado Electronic Timing.

REGISTRATION AND ENTRIES:

FINAL Entries must be submitted by **Monday July 28, 2016** in Hy-Tek Format. The Hy-Tek entry file will be emailed to your Federation on receipt of the preliminary entry form. **The PRELIMINARY entry form** on page 8 must be emailed **by JUNE 30** bearing the signature of the President or Secretary and the affixed stamp of the National Federation. All entries should be sent via email to: Lily Bergasse, lilybergasse@yahoo.com.

Registration- Each delegation must submit a letter of sanction to the Meet Director from its National Federation indicating that participating swimmers are in good standing and registered with the Federation and the Country sanctioning their participation.

COMPETITION RULES:

- All heats will be timed finals
- FINA rules 2013-2017 shall be in effect at the time of the competition and shall apply.

- False Start FINA rule “SW 4.4” will be in effect: **NO FALSE STARTS**
- If necessary starts will be ‘over the top’ in the freestyle, breaststroke and butterfly events
- Swimmers are required to be in the marshalling area within 3 minutes of their event
- Warm up times and lanes will be allocated to each team at the Technical Meeting

PROTESTS:

The Organizing Committee of the Goodwill Meet 2016 and the Jury of Appeal shall have complete authority to answer and resolve any interpretation, resolution and call relating to the Goodwill Swim Meet 2016. Nominations for the Jury of Appeal should be submitted at the Technical Meeting on Thursday, August 18th 2016.

All protests to the Referee’s decision must be submitted to the Referee in writing within thirty (30) minutes after the event, signed by the Delegation’s leader and accompanied by a fee of US\$ 25.00. If the protest is upheld the fee will be returned to the Delegation’s Official.

All protests rejected by the Referee shall be referred to the Jury of Appeal. The decision of the Jury of Appeal shall be final.

ELIGIBILITY:

All Competitors must either be citizens or residents of the country they are seeking to represent. Naturalised citizens and residents must have resided in that country for at least 12 months prior to the competition. Proof of residency which may be in the form of a sanctioned letter from swim clubs or the athlete’s attending school must be submitted at the Technical Meeting.

Age Groups: 8 & Under, 9-10, 11-12, 13-14, 15-17

The age of the swimmer on December 31, 2015 shall determine the age group in which s/he is eligible to compete. Proof of age of swimmers must be submitted at the technical meeting.

Swimmers who participated in the CARIFTA, CISC, CONSANAT Swimming Championships or higher competitions during 2016 are not eligible to compete, with the exception of swimmers from the National Federation of Guyana as decided by the 2009 Congress.

ENTRY RULES

Each federation may enter a maximum of four (4) swimmers per sex, per age group up to a maximum of total of forty (40) athletes.

A maximum of three (3) swimmers per event are eligible for medals and only two (2) will score points. There is no limit to the number of events a swimmers can participate.

TEAM OFFICIALS:

Each National Federation may send the following number of officials based on the following number of swimmers comprising the team:

12 or less	3
13 - 18	4
18 - 24	5
25 - 29	6
30 - 35	7
36 - 40	8

MEET OFFICIALS

Participating Federations will be invited to provide meet officials. **A subsequent email will be sent to all Federations with an electronic sign up form for interested officials, timers and deck personnel to sign up individually.**

AWARDS

- Medals will be awarded to the first, second and third place finishers in each event
- Trophies will be awarded to the male and female gaining the most points in each age group
- The Championship Trophy will be awarded to the team amassing the highest total points
- Points will be allocated as follows:

Individual Events

1st Place - 9 Points	2nd Place - 7 Points
3rd Place - 6 Points	4th Place - 5 Points
5th Place - 4 Points	6th Place - 3 Points
7th Place - 2 Points	8th Place - 1 Point

Relay Events

1st Place - 18 Points	2nd Place - 14 Points
3rd Place - 12 Points	4th Place - 10 Points
5th Place - 8 Points	6th Place - 6 Points
7th Place - 4 Points	8th Place - 2 Points

MEET SCHEDULE:

The technical meeting will be held on Thursday August 18, 7:00pm

The pool will be available for warm ups 90 minutes prior to the start of competition

The Opening Ceremony will be held Friday August 19, 6:00pm

A Closing Ceremony and Gala Dinner will be held Sunday August 21 from 7:00pm

ORDER OF EVENTS:

Friday, August 19th: Warm-up - 4:30 PM

Opening Ceremony - 6:00PM

Friday, August 19th Competition starts at 6:30 PM

Events 01 – 02	100 metres freestyle 8 & Under
Events 03 – 04	100 metres freestyle 9 – 10
Events 05 – 06	100 metres freestyle 11 – 12
Events 07 – 08	100 metres freestyle 13 – 14
Events 09 – 10	100 metres freestyle 15 – 17

Medal Presentation

Events 11 – 12	50 metres breaststroke 8 & Under
Events 13 – 14	50 metres breaststroke 9 – 10
Events 15 – 16	50 metres breaststroke 11 – 12
Events 17 – 18	50 metres breaststroke 13 – 14
Events 19 – 20	50 metres breaststroke 15 – 17

Medal Presentation

Events 21 – 22	100 metres backstroke 9 – 10
Events 23 – 24	100 metres backstroke 11 - 12

Events 25 – 26 100 metres backstroke 13 - 14
 Events 27 - 28 100 metres backstroke 15 – 17

Medal Presentation

Events 29 – 30 4 x 100 metres Medley Relay 9 - 10
 Events 31 - 32 4 x 100 metres Medley Relay 11 – 12
 Events 33 - 34 4 x 100 metres Medley Relay 13 – 14
 Events 35 – 36 4 x 100 metres Medley Relay 15 – 17

Medal Presentation

Saturday August, 20th Competition starts at 9:00AM (Warm-up – 7:30AM)

Events 37 - 38 100 metres Individual Medley 8 & Under
 Events 39 - 40 200 metres Individual Medley 9 – 10
 Events 41 - 42 200 metres Individual Medley 11 – 12
 Events 43 - 44 200 metres Individual Medley 13 – 14
 Events 45 - 46 200 metres Individual Medley 15 – 17

MEDAL PRESENTATION

Events 47 - 48 50 metres freestyle 8 & Under
 Events 49 – 50 50 metres freestyle 9 – 10
 Events 51 – 52 50 metres freestyle 11 – 12
 Events 53 - 54 50 metres freestyle 13 – 14
 Events 55 - 56 50 metres freestyle 15 – 17

MEDAL PRESENTATION

Events 57 - 58 100 metres breaststroke 9 - 10
 Events 59 - 60 100 metres breaststroke 11 - 12
 Events 61 – 62 100 metres breaststroke 13- 14
 Events 63 - 64 100 metres breaststroke 15 – 17

MEDAL PRESENTATION

Events 65 - 66 50 metres butterfly 8 & Under
 Events 67 - 68 50 metres butterfly 9 - 10
 Events 69 - 70 50 metres butterfly 11 - 12
 Events 71 - 72 50 metres butterfly 13 - 14
 Events 73 - 74 50 metres butterfly 15 - 17

MEDAL PRESENTATION

Events 75 – 76 4 x 50 metres medley relay 8 & Under
 Events 77 - 78 4 x 100 metres freestyle relay 9 – 10
 Events 79 – 80 4 x 100 metres freestyle relay 11 – 12
 Events 81 - 82 4 x 100 metres freestyle relay 13 – 14
 Events 83 - 84 4 x 100 metres freestyle relay 15 – 17

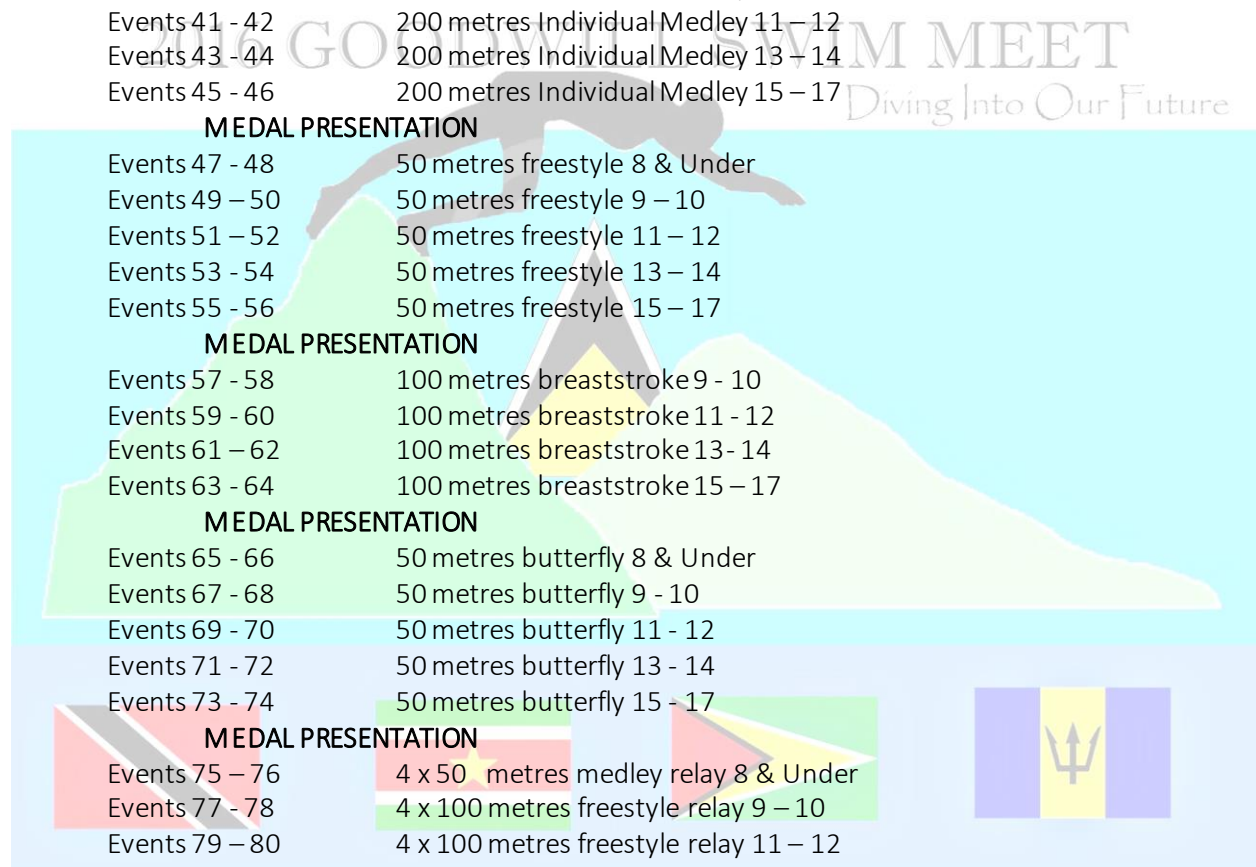
MEDAL PRESENTATION

Sunday August 21 Competition starts at 9:00AM (Warm-up – 7:30AM)

Events 85 - 86 200 metres freestyle 9 – 10
 Events 87 - 88 200 metres freestyle 11 – 12
 Events 89 - 90 200 metres freestyle 13 – 14
 Events 91 – 92 200 metres freestyle 15 – 17

MEDAL PRESENTATION

Events 93 – 94 50 metres backstroke 8 & Under



Events 95 - 96	50 metres backstroke 9 – 10
Events 97 - 98	50 metres backstroke 11 – 12
Events 99 - 100	50 metres backstroke 13 – 14
Events 101 - 102	50 metres backstroke 15 – 17

MEDAL PRESENTATION EVENTS 93-102

Events 103 – 104	100 metres butterfly 9 - 10
Events 105 - 106	100 metres butterfly 11 – 12
Events 107 – 108	100 metres butterfly 13 – 14
Events 109 - 110	100 metres butterfly 15 – 17

MEDAL PRESENTATION

Events 111 – 112	4 x 50 metres freestyle 8 & Under
Events 113 – 114	4 x 50 metres freestyle 9 – 10
Events 115 – 116	4 x 50 metres freestyle 11 – 12
Events 117 – 118	4 x 50 metres freestyle 13 – 14
Events 119 – 120	4 x 50 metres freestyle 15 – 17

MEDAL PRESENTATION

FLAGS AND ANTHEMS

Each Delegation shall provide

- Two (2) country flags no larger than 4x6 ft
- A compact disc with the short and long version of the National Anthem

FEES:

In accordance with the decision made at the Congress meeting 2013 in Barbados each member of the official delegation shall pay US\$55.00 per night - (US\$220) per person for the period August 18-21 2016), based upon 4 persons per room, meals and transportation inclusive. This offer is valid only for the stipulated period. Dinner will be available on the evening of Thursday, August 18th. Breakfast, lunch and dinner from Friday, August 19th to Sunday, August 21st and Breakfast on Monday, August 22nd. Fees may be paid in East Caribbean Dollars or United States Dollars in cash, travelers' cheques or draft.

Please be advised that 50% of the payment due is required by 8th JULY 2016 to allow SLASA to secure the Games Village.

You must include in the payment the related bank charges that will be incurred by the Organizing Committee when the funds are deposited in its bank account. Please note the following bank information:

**St Lucia Amateur Swimming Association
Account Number 2595158
CIBC FIRSTCARIBBEAN INTERNATIONAL BANK
RODNEY BAY
GROS ISLET
SWIFT CODE – FCIBLCLC**

All remaining fees must be paid on arrival.

SUPPORTERS:

The Organizing Committee will be arranging a Supporters' Package which will include accommodation, transportation, tickets to the three days of competition, access to the Closing Ceremony and dinner on the night of the Closing Ceremony, daily meet programme. Information on this package will be sent in a subsequent notice.



ANNUAL GOODWILL SWIM MEET 2016
 RODNEY HEIGHTS AQUATIC CENTRE
 RODNEY BAY, SAINT LUCIA

FEDERATION:

ADDRESS:

EMAIL:

2016 GOODWILL SWIM MEET

CONTACT PERSON:

Diving Into Our Future

TELEPHONE

EMAIL:

AGE GROUP	FEMALE SWIMMERS	MALE SWIMMERS	OFFICIALS FEMALE	OFFICIALS MALE	TOTAL FEMALE	TOTAL MALE
8 & UNDER						
9-10						
11-12						
13-14						
15-17						
SUBTOTAL						
OVERALL TOTAL						

PRELIMINARY ENTRIES MUST BE SENT VIA EMAIL OR FAX NO LATER THAN JUNE 30 2016
 EMAIL: lilybergasse@yahoo.com FAX No.:

SIGNATURE (secretary/president):

POSITION:

DATE:

AFFIX STAMP HERE: