

**THE SCOTIA BANK LONG COURSE NATIONAL CHAMPIONSHIP 2012**  
**MARCH 6th - 11TH 2012**  
**ORDER OF EVENTS**

**SESSION 1----** 'TUESDAY, MARCH 6 th - START TIME 6:00 PM                      WARM UP 4:30 PM

EVENT #	EVENT NAME	SEX	AGE GROUP	STATUS	ROUND
EVENT 1	100 M BUTTERFLY	GIRLS	9-10		FINALS
EVENT 2	100 M BUTTERFLY	BOYS	9-10		FINALS
EVENT 3	800 M FREESTYLE	GIRLS	11 & OVER	OPEN	FINALS
EVENT 4	1500 M FREESTYLE	BOYS	11 & OVER	OPEN	FINALS

**SESSION 2--** 'WEDNESDAY, MARCH 7 th - START TIME 6:00 PM                      WARM UP 4:30 PM

EVENT 5	200 M IND MEDLEY	GIRLS	11-12		FINALS
EVENT 6	200 M IND MEDLEY	BOYS	11-12		FINALS
EVENT 7	50 M BUTTERFLY	GIRLS	8 & UNDER		FINALS
EVENT 8	50 M BUTTERFLY	BOYS	8 & UNDER		FINALS
EVENT 9	50 M BUTTERFLY	GIRLS	9-10		FINALS
EVENT 10	50 M BUTTERFLY	BOYS	9-10		FINALS
-----INTERMISSION 5 MINUTES-----'					
EVENT 11	100 M BUTTERFLY	GIRLS	11-12		FINALS
EVENT 12	100 M BUTTERFLY	BOYS	11-12		FINALS
EVENT 13	100 M BUTTERFLY	GIRLS	13-14		FINALS
EVENT 14	100 M BUTTERFLY	BOYS	13-14		FINALS
EVENT 15	100 M BUTTERFLY	GIRLS	15-17		FINALS
EVENT 16	100 M BUTTERFLY	BOYS	15-17		FINALS
EVENT 17	100 M BUTTERFLY	GIRLS	18-24		FINALS
EVENT 18	100 M BUTTERFLY	BOYS	18-24		FINALS
EVENT 19	100 M BUTTERFLY	WOMEN	25 & OVER		FINALS
EVENT 20	100 M BUTTERFLY	MEN	25 & OVER		FINALS
EVENT 21	200 M FREESTYLE	GIRLS	9-10		FINALS
EVENT 22	200 M FREESTYLE	BOYS	9-10		FINALS
EVENT 23	200 M FREESTYLE	GIRLS	11-12		FINALS
EVENT 24	200 M FREESTYLE	BOYS	11-12		FINALS
EVENT 25	200 M FREESTYLE	GIRLS	13-14		FINALS
EVENT 26	200 M FREESTYLE	BOYS	13-14		FINALS
EVENT 27	200 M FREESTYLE	GIRLS	15-17		FINALS
EVENT 28	200 M FREESTYLE	BOYS	15-17		FINALS
EVENT 29	200 M FREESTYLE	GIRLS	18 -24		FINALS
EVENT 30	200 M FREESTYLE	BOYS	18 -24		FINALS
EVENT 31	200 M FREESTYLE	WOMEN	25 & OVER		FINALS
EVENT 32	200 M FREESTYLE	MEN	25 & OVER		FINALS

**SESSION 3--** THURSDAY, MARCH 8TH START TIME 6:00 PM                      WARM UP 4:30 PM

EVENT 33	400 M IND MEDLEY	GIRLS	11 & OVER	OPEN	FINALS
EVENT 34	400 M IND MEDLEY	BOYS	11& OVER	OPEN	FINALS
EVENT 35	100 M FREESTYLE	GIRLS	8 & UNDER		FINALS
EVENT 36	100 M FREESTYLE	BOYS	8 & UNDER		FINALS
EVENT 37	100 M FREESTYLE	GIRLS	9-10		FINALS
EVENT 38	100 M FREESTYLE	BOYS	9-10		FINALS
-----INTERMISSION 10 MINUTES-----'					
EVENT 39	100 M FREESTYLE	GIRLS	11-12		FINALS
EVENT 40	100 M FREESTYLE	BOYS	11-12		FINALS
EVENT 41	100 M FREESTYLE	GIRLS	13-14		FINALS
EVENT 42	100 M FREESTYLE	BOYS	13-14		FINALS
EVENT 43	100 M FREESTYLE	GIRLS	15-17		FINALS
EVENT 44	100 M FREESTYLE	BOYS	15-17		FINALS
EVENT 45	100 M FREESTYLE	GIRLS	18 -24		FINALS
EVENT 46	100 M FREESTYLE	BOYS	18 -24		FINALS
EVENT 47	100 M FREESTYLE	WOMEN	25 & OVER		FINALS
EVENT 48	100 M FREESTYLE	MEN	25 & OVER		FINALS
EVENT 49	50 M BACKSTROKE	GIRLS	11-12		FINALS
EVENT 50	50 M BACKSTROKE	BOYS	11-12		FINALS
EVENT 51	50 M BACKSTROKE	GIRLS	13-14		FINALS
EVENT 52	50 M BACKSTROKE	BOYS	13-14		FINALS
EVENT 53	50 M BACKSTROKE	GIRLS	15-17		FINALS
EVENT 54	50 M BACKSTROKE	BOYS	15-17		FINALS
EVENT 55	50 M BACKSTROKE	GIRLS	18 -24		FINALS
EVENT 56	50 M BACKSTROKE	BOYS	18- 24		FINALS
EVENT 57	50 M BACKSTROKE	WOMEN	25 & OVER		FINALS
EVENT 58	50 M BACKSTROKE	MEN	25 & OVER		FINALS
EVENT 59	100 M BACKSTROKE	GIRLS	9-10		FINALS
EVENT 60	100 M BACKSTROKE	BOYS	9-10		FINALS

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<b>SESSION 4 FRIDAY, MARCH 9TH</b>		<b>START TIME 6:00 PM</b>		<b>WARM UP 4:30 PM</b>
EVENT 61	200 M FREESTYLE	GIRLS	8 & UNDER	FINALS
EVENT 62	200 M FREESTYLE	BOYS	8 & UNDER	FINALS
EVENT 63	400 M FREESTYLE	GIRLS	9-10	FINALS
EVENT 64	400 M FREESTYLE	BOYS	9-10	FINALS
EVENT 65	400 M FREESTYLE	GIRLS	11-12	FINALS
EVENT 66	400 M FREESTYLE	BOYS	11-12	FINALS
EVENT 67	400 M FREESTYLE	GIRLS	13-14	FINALS
EVENT 68	400 M FREESTYLE	BOYS	13-14	FINALS
EVENT 69	400 M FREESTYLE	GIRLS	15-17	FINALS
EVENT 70	400 M FREESTYLE	BOYS	15-17	FINALS
EVENT 71	400 M FREESTYLE	GIRLS	18 -24	FINALS
EVENT 72	400 M FREESTYLE	BOYS	18 - 24	FINALS
EVENT 73	400 M FREESTYLE	WOMEN	25 & OVER	FINALS
EVENT 74	400 M FREESTYLE	MEN	25 & OVER	FINALS
EVENT 75	50 M BREASTROKE	GIRLS	8 & UNDER	FINALS
EVENT 76	50 M BREASTROKE	BOYS	8 & UNDER	FINALS
EVENT 77	50 M BREASTROKE	GIRLS	9-10	FINALS
EVENT 78	50 M BREASTROKE	BOYS	9-10	FINALS
EVENT 79	200 M BUTTERFLY	GIRLS	11-12	FINALS
EVENT 80	200 M BUTTERFLY	BOYS	11-12	FINALS
EVENT 81	200 M BUTTERFLY	GIRLS	13-14	FINALS
EVENT 82	200 M BUTTERFLY	BOYS	13-14	FINALS
EVENT 83	200 M BUTTERFLY	GIRLS	15-17	FINALS
EVENT 84	200 M BUTTERFLY	BOYS	15-17	FINALS
EVENT 85	200 M BUTTERFLY	GIRLS	18 -24	FINALS
EVENT 86	200 M BUTTERFLY	BOYS	18 -24	FINALS
EVENT 87	200 M BUTTERFLY	WOMEN	25 & OVER	FINALS
EVENT 88	200 M BUTTERFLY	MEN	25 & OVER	FINALS
-----INTERMISSION --10 MINUTES-----'				
EVENT 89	50 M BREAST STROKE	GIRLS	11-12	FINALS
EVENT 90	50 M BREAST STROKE	BOYS	11-12	FINALS
EVENT 91	50 M BREAST STROKE	GIRLS	13-14	FINALS
EVENT 92	50 M BREAST STROKE	BOYS	13-14	FINALS
EVENT 93	50 M BREAST STROKE	GIRLS	15-17	FINALS
EVENT 94	50 M BREAST STROKE	BOYS	15-17	FINALS
EVENT 95	50 M BREAST STROKE	GIRLS	18 -24	FINALS
EVENT 96	50 M BREAST STROKE	BOYS	18 -24	FINALS
EVENT 97	50 M BREAST STROKE	WOMEN	25 & OVER	FINALS
EVENT 98	50 M BREAST STROKE	MEN	25 & OVER	FINALS

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**SESSION 5 SATURDAY, MARCH 10TH    START TIME 5:00 PM    \*WARM UP 3:30 PM**

EVENT 99	200 M IND MEDLEY	GIRLS	8 & UNDER	FINALS
EVENT 100	200 M IND MEDLEY	BOYS	8 & UNDER	FINALS
EVENT 101	200 M IND MEDLEY	GIRLS	9-10	FINALS
EVENT 102	200 M IND MEDLEY	BOYS	9-10	FINALS
EVENT 103	200 M BREAST STROKE	GIRLS	11-12	FINALS
EVENT 104	200 M BREAST STROKE	BOYS	11-12	FINALS
EVENT 105	200 M BREAST STROKE	GIRLS	13-14	FINALS
EVENT 106	200 M BREAST STROKE	BOYS	13-14	FINALS
EVENT 107	200 M BREAST STROKE	GIRLS	15-17	FINALS
EVENT 108	200 M BREAST STROKE	BOYS	15-17	FINALS
EVENT 109	200 M BREAST STROKE	GIRLS	18 - 24	FINALS
EVENT 110	200 M BREAST STROKE	BOYS	18 - 24	FINALS
EVENT 111	200 M BREAST STROKE	WOMEN	25 & OVER	FINALS
EVENT 112	200 M BREAST STROKE	MEN	25 & OVER	FINALS
EVENT 113	50 M BACK STROKE	GIRLS	8 & UNDER	FINALS
EVENT 114	50 M BACKSTROKE	BOYS	8 & UNDER	FINALS
EVENT 115	50 M BACKSTROKE	GIRLS	9-10	FINALS
EVENT 116	50 M BACKSTROKE	BOYS	9-10	FINALS
EVENT 117	100 M BACK STROKE	GIRLS	11-12	FINALS
EVENT 118	100 M BACK STROKE	BOYS	11-12	FINALS
EVENT 119	100 M BACK STROKE	GIRLS	13-14	FINALS
EVENT 120	100 M BACK STROKE	BOYS	13-14	FINALS
EVENT 121	100 M BACK STROKE	GIRLS	15-17	FINALS
EVENT 122	100 M BACK STROKE	BOYS	15-17	FINALS
EVENT 123	100 M BACK STROKE	GIRLS	18 - 24	FINALS
EVENT 124	100 M BACK STROKE	BOYS	18 - 24	FINALS
EVENT 125	100 M BACK STROKE	MASTERS F	25 & OVER	FINALS
EVENT 126	100 M BACK STROKE	MASTERS M	25 & OVER	FINALS
EVENT 127	200 IND MEDLEY	GIRLS	13-14	FINALS
EVENT 128	200 IND MEDLEY	BOYS	13-14	FINALS
EVENT 129	200 IND MEDLEY	GIRLS	15-17	FINALS
EVENT 130	200 IND MEDLEY	BOYS	15-17	FINALS
EVENT 131	200 IND MEDLEY	GIRLS	18 - 24	FINALS
EVENT 132	200 IND MEDLEY	BOYS	18 - 24	FINALS
EVENT 133	200 IND MEDLEY	MASTERS F	25 & OVER	FINALS
EVENT 134	200 IND MEDLEY	MASTERS M	25 & OVER	FINALS
EVENT 135	50 M BUTTERFLY	GIRLS	11-12	FINALS
EVENT 136	50 M BUTTERFLY	BOYS	11-12	FINALS
EVENT 137	50 M BUTTERFLY	GIRLS	13-14	FINALS
EVENT 138	50 M BUTTERFLY	BOYS	13-14	FINALS
EVENT 139	50 M BUTTERFLY	GIRLS	15-17	FINALS
EVENT 140	50 M BUTTERFLY	BOYS	15-17	FINALS
EVENT 141	50 M BUTTERFLY	GIRLS	18 - 24	FINALS
EVENT 142	50 M BUTTERFLY	BOYS	18 - 24	FINALS
EVENT 143	50 M BUTTERFLY	WOMEN	25 & OVER	FINALS
EVENT 144	50 M BUTTERFLY	MEN	25 & OVER	FINALS

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**SESSION 6 SUNDAY, MARCH 11TH START TIME 5:00 PM WARM UP 3:30 PM**

EVENT 145	200 M BACK STROKE	GIRLS	11-12	FINALS
EVENT 146	200 M BACK STROKE	BOYS	11-12	FINALS
EVENT 147	200 M BACK STROKE	GIRLS	13-14	FINALS
EVENT 148	200 M BACK STROKE	BOYS	13-14	FINALS
EVENT 149	200 M BACK STROKE	GIRLS	15-17	FINALS
EVENT 150	200 M BACK STROKE	BOYS	15-17	FINALS
EVENT 151	200 M BACK STROKE	GIRLS	18 - 24	FINALS
EVENT 152	200 M BACK STROKE	BOYS	18 - 24	FINALS
EVENT 153	200 M BACK STROKE	WOMEN	25 & OVER	FINALS
EVENT 154	200 M BACK STROKE	MEN	25 & OVER	<b>FINALS</b>
<b>EVENT 155</b>	<b>100 M BREASTSTROKE</b>	<b>GIRLS</b>	<b>9-10</b>	<b>FINALS</b>
<b>EVENT 156</b>	<b>100 M BREASTSTROKE</b>	<b>BOYS</b>	<b>9-10</b>	FINALS
EVENT 157	100 M BREAST STROKE	GIRLS	11-12	FINALS
EVENT 158	100 M BREAST STROKE	BOYS	11-12	FINALS
EVENT 159	100 M BREAST STROKE	GIRLS	13-14	FINALS
EVENT 160	100 M BREAST STROKE	BOYS	13-14	FINALS
EVENT 161	100 M BREAST STROKE	GIRLS	15-17	FINALS
EVENT 162	100 M BREAST STROKE	BOYS	15-17	FINALS
EVENT 163	100 M BREAST STROKE	GIRLS	18 - 24	FINALS
EVENT 164	100 M BREAST STROKE	BOYS	18 - 24	FINALS
EVENT 165	100 M BREAST STROKE	WOMEN	25 & OVER	FINALS
EVENT 166	100 M BREAST STROKE	MEN	25 & OVER	FINALS
EVENT 167	50 M FREESTYLE	GIRLS	8 & UNDER	FINALS
EVENT 168	50 M FREESTYLE	BOYS	8 & UNDER	FINALS
EVENT 169	50 M FREESTYLE	GIRLS	9-10	FINALS
EVENT 170	50 M FREESTYLE	BOYS	9-10	FINALS
EVENT 171	50 M FREESTYLE	GIRLS	11-12	FINALS
EVENT 172	50 M FREESTYLE	BOYS	11-12	FINALS
EVENT 173	50 M FREESTYLE	GIRLS	13-14	FINALS
EVENT 174	50 M FREESTYLE	BOYS	13-14	FINALS
EVENT 175	50 M FREESTYLE	GIRLS	15-17	FINALS
EVENT 176	50 M FREESTYLE	BOYS	15-17	FINALS
EVENT 177	50 M FREESTYLE	GIRLS	18 - 24	FINALS
EVENT 178	50 M FREESTYLE	BOYS	18 - 24	FINALS
EVENT 179	50 M FREESTYLE	WOMEN	25 & OVER	FINALS
EVENT 180	50 M FREESTYLE	MEN	25 & OVER	FINALS

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