THE BARBADOS AMATEUR SWIMMING ASSOCIATION Aquatic Centre, Wildey, ST. Michael

TEL: 429-7946 FAX: 436-2272 Email: basa@caribsurf.com

June 1, 2010

Dear Head Teacher,

The 2010 Secondary Schools' Interschool Swimming Championships

We are pleased once again to invite your school to participate in the 2010 Secondary Schools' Swimming Championships scheduled to be held at the Aquatic Centre Wildey on the following dates and time:

HEATS: FRIDAY, NOVEMBER 5^{TH} START TIME 9:30 AM WARM UP 8:00 AM FINALS: WEDNESDAY NOVEMBER 17^{TH} START TIME 9:30 AM WARM UP 8:00 AM

PLEASE BE ON TIME

Please confirm your intention to participate in this year's event by either telephoning or emailing us at the above number and address on or before October 15th. Schools must have registered prior to the competition in order to participate. We would also appreciate that school children be given time off to act as supporters for their teams.

Please note that in the event your school is planning a sports day at the Aquatic Centre, we strongly recommend that you book this day before the final entries deadline date of October 22nd, 2010.

In order to ensure the smooth running of the meet each school is responsible for providing at least three (3) timers and one (1) judge. This is extremely important as we have seen that failure to do so results in delay and impacts adversely on the quality of the management of the meet. Your cooperation is therefore of paramount importance.

Attached please find a team entry report which we recommend be used as the basis for entry seed times in the preliminaries to assist with the lane assignments.

We look forward to the participation of your school in this Championship.

Sincerely,

Montana Atherley (Ms) Office Manageress Aquatic Centre

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The 2010 Secondary Schools' Swimming Championships

Competition Rules

HEATS: -FRIDAY, NOVEMBER 5TH, STARTING AT 9:30 AM

FINALS: -WEDNESDAY, NOVEMBER 17TH, STARTING AT 9:30 AM

AGE GROUPS: 12 & UNDER - 13 & 14 - 15 & Over

Before the commencement of the finals there will be a parade of teams, followed by the playing of the Barbados National Anthem and speeches by invited parties. Each team is required to be attired in the school's colours. Head teachers are expected to participate.

- (1) Each school is allowed a maximum of two (2) competitors per event.
- (2) Where there are more than eight (8) entries for an event, heats will be contested and the eight fastest swimmers will advance to the finals. The ninth fastest swimmer will be the alternate for the finals. If there are less than eight entries for an event, the event will go straight to finals if seed times were submitted with the entries. If entries were submitted with no times (NT) then the event must be swum to allow proper seeding and accompanying lane assignment for the final. Should a swimmer reach the finals and be unable to compete due to illness etc no substitution will be allowed. The alternate for that event will contest in the finals.
- (3) The reference age for age groups for this competition will be the age of the competitors on December 31st, 2009.
- (4) The competition will be conducted in accordance with FINA Rules 2009-2013 in force at the start of the competition.

FINA rule SW 4.4 shall be applied. "Any swimmer starting before the starting signal has been given, shall be disqualified..."

- (6) There shall be no restrictions on the number of events in which an individual competitor may participate.
- (7) Swimmers competing in relay events must be registered in the meet.
- (8) The pool will be open 90 minutes before each session for warm-up

- (9) Heats will be announced and swimmers missing their respective heat will not be allowed to take part in that event.
- (10) The warm up routine will be an open lane format.
- (11) Ad hoc deck entries will not be accepted.
- (12) Swimmers must report to the waiting area at least our (4) heats before the event in which the swimmer has been entered. If the swimmer is not in the waiting area by the designated time a decision may be taken that the swimmer has scratched the event.
- (13) Individuals acting as school officials must present a letter of sanction to the Meet Director from the Head Teacher of that school indicating that the individual has been authorised to act on behalf of the school. This does not apply to Teachers, coaches etc who are on the staff of the particular school.
- (14) Competitors must be registered students of the school or institution sanctioning their participation.

(15)....JURY OF APPEAL:

The Jury of Appeal, comprising three disinterested persons, to adjudicate all appeals against a Referee's rejection of a protest will be formed out of the Association's Technical and Main Council Committees. All protests to the Referee's decision must be submitted to the Referee in writing within 30 minutes after the event, signed by an authorised School Official and accompanied by US \$25.00. If the protest is upheld the fee will be returned to the School Official.

A participation award will be given to each swimmer in the Finals.

All athletes are required to shower prior to entering the pool and to wear a swim cap which must only be removed when leaving the water. No food or drink must be brought or consumed within the competition area.

Please confirm your intention to participate in this year's event by telephoning the Aquatic Centre at the number listed above on or before October 15th, 2010 or via the above email address. No entries will be accepted on the day of the competition.

We have attached an entry form which may be copied as needed. Enter your participants in the events in which they will compete. Entry deadline is October 22nd, 2010. Changes to the entries may be made up to October 29th, 2010. <u>Please endeavour to enter your athletes with seed times.</u>

Points for individual events will be awarded as follows:

1st place	9 points	2 nd place	7 points
3 rd place	6 points	4 th place	5 points
5 th place	4 points	6 th place	3 points
7 th place	2 points	8 th place	1 point

Relays will score double points

THE 2010 SECONDARY SCHOOLS SWIMMING CHAMPIONSHIPS

ORDER OF EVENTS

Female events precede male events

1	&	2	12 & Under	100 M Freestyle
3	&	4	13 & 14	100 M Freestyle
5	&	6	15 & Over	100 M Freestyle
7	&	8	12 & Under	100 M Individual Medley
9	&	10	13 & 14	100 M Individual Medley
11	&	12	15 & Over	100 M Individual Medley
13	&	14	12 & Under	50 M Butterfly
15	&	16	13 & 14	50 M Butterfly
17	&	18	15 & Over	50 M Butterfly
19	&	20	12 & Under	50 M Backstroke
21	&	22	13 & 14	50 M Backstroke
23	&	24	15 & Over	50 M Backstroke
25	&	26	12 & Under	4x50 M Freestyle Relay
27	&	28	13 & 14	4x50 M Freestyle Relay
29	&	30	15 & Over	4x50 M Freestyle Relay

LUNCH BREAK

2010 SECONDARY SCHOOLS' SWIMMING CHAMPIONSHIPS

31	&	32	12	&	Under	50 M Breaststroke
33	&	34	13	&	14	50 M Breaststroke
35	&	36	15	&	Over	50 M Breaststroke
37	&	38	12	&	Under	50 M Freestyle
39	&	40	13	&	14	50 M Freestyle
41	&	42	15	&	Over	50 M Freestyle
43	&	44	12	&	Under	4x50 M Medley Relay
45	&	46	13	&	14	4x50 M Medley Relay
47	&	48	15	&	Over	4x50 M Medley Relay

PRESENTATION OF AWARDS will be immediately following the conclusion of the finals.

Relay configuration: Any four (4) swimmers may comprise a relay adhering to the age groups specified within the competition. Swimmers are not allowed to participate in relays outside of their age groups. There will be no mixed relays.