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**LATYCAR**  
**Latin America and**  
**Caribbean**  
**2003**  
**Masters Swimming Open**  
**Water and Water Polo**  
**Championships**

**Meet Summons**

***Aquatic Centre, Wildey, Barbados***

## INTRODUCTION:

The Barbados Amateur Swimming Association (BASA) in association with the Organising Committee of The Latin American & Caribbean (LATYCAR) Masters Swimming is proud to host Barbados Super 7, LATYCAR 2003. The BASA and LATYCAR extend a warm welcome to the masters swimming clubs in the Americas, Mexico and the Caribbean to participate in a great and extraordinary event for the Masters Swimming family to be held in Barbados at The Aquatic Centre from August 31 to September 6 2003. LATYCAR 2003 will be transformed into a spectacular celebration of Swimming, Open Water Swimming and Water Polo, which we hope will be simply incredible.

This will be the second LATYCAR event hosted in Barbados at the Aquatic Centre following the much-acclaimed 1995 event which attracted over 800 competitors from 51 clubs.

## OBJECTIVES:

The Masters programme shall promote fitness, friendship, understanding and competition through Swimming, Diving, Synchronised Swimming, Water Polo and Open Water Swimming among those competitors with a minimum age limit of 25 years. (FINA Handbook 2002-2005). LATYCAR 2003 meets the mission of educating, developing, furthering and promoting Masters aquatic sports in new areas of our region: LATYCAR leaves an example to the younger aquanauts about friendship, empathy and personal warmth with new found aquatic rivals. This is an excellent opportunity to exchange new experiences and knowledge. On this occasion, all Barbadian nationals competing will be LATYCAR's hosts.

## DATE & VENUE:

**Date:** August 31<sup>st</sup> to September 6, 2003  
**Venue:** Aquatic Centre, Wildey, St. Michael, Barbados  
**Pool Specifications:** 8 Lane 50-Meter Pool with Daktronics Electronic Timing Systems  
25-Meter Warm Down Pool

## EVENTS

- Technical Meeting & Registration Of Competitors: Sunday August 31, 2003 from 2:00pm-5:00PM, AQUATIC CENTRE.
- Opening Ceremony & Welcome Party: Sunday August 31, 2003, 7:00pm, **Boat Yard, Bay Street.**

- Swimming And Waterpolo Competition: Monday, September 1, 2003 to Friday, September 5, 2003, **Aquatic Centre**.
- Open Water Swimming Competition: Saturday, September 6, 2003, 6:00am to 12:00 Noon, **Carlisle Bay, Bay Street**.
- Closing Ceremony: Saturday, September 6, 2003, 7:00pm, **The Plantation Restaurant**.

## COMPETITION RULES:

Barbados, Super 7, LATYCAR 2003 will be conducted in accordance with FINA Rules 2002-2005 in force at the start of the competition. Each sport webpage provides a link to the FINA rules for review. It is the responsibility of each competitor to be familiar with these rules. The FINA Handbook may be purchased directly at: FINA Permanent Office, Avenue de Beaumont 9, 1012 Lausanne, Switzerland. FINA website address is <http://www.fina.org> where the FINA rules are also available.

## REGISTRATION

Each Club is required to appoint a Team Official who will be responsible for confirming the competitors entered in that particular Club. The Team Official will collect the signed registration entry forms (IRFs) that have been returned to the participants indicating they have paid their fees and will present these at the registration desk, Aquatic Centre. Competitors are therefore not required to personally present themselves at the registration desk.

## ENTRY DEADLINE

Entries must be received by the Organising Committee by **Midnight of Friday, July 18, 2003**.

## Mailing Instructions

All Individual Registration Forms (IRF), accompanying documentation and forms must be sent, preferably by Fedex or DHL to the following address:

***The Organising Committee  
Barbados Super 7 LATYCAR 2003  
Barbados Amateur Swimming  
Association  
Aquatic Centre, Wildey  
St Michael, Barbados***

***Tel No: 1-246-429-7946  
Fax: 1-246-436-2272  
E-Mail: [Basa@Caribsurf.Com](mailto:Basa@Caribsurf.Com)  
Contact Persons:  
Sonia O'Neal -- President  
Ian King - Meet Director***

## ENTRY CHECKLIST

For an entry to be accepted and validated by the Organising Committee the following documents, forms and accompanying fees must be forwarded to the provided LATYCAR address indicated above. A validated IRF means that the entry has been accepted and will be processed accordingly by the Organising Committee; **no faxed entries please.**

**Individual Registration Form (IRF - 1)** Every competing athlete wishing to participate in the championship must complete and sign this form. Please be aware that the IRF includes the complete set of documents listed below.

- ✓ **One passport size photograph:** A recent photo of each competitor must accompany an IRF. Please write your name on the reverse side of the photograph.
- ✓ **Proof of age:** A photocopy of your passport page that indicates your birth date or any other official document must be attached to the IRF as proof of age.
- ✓ **FINA Masters Registry Card:** The official host, the Barbados Amateur Swimming Association is an official member of FINA. The championship is thus a sanctioned FINA event. A copy of each competitor's current 2003 Masters Registration issued by his or her respective national FINA member swimming organization must be submitted.
- ✓ **Sport entry form:** Please fill in the entry form that is relevant to the sport in which you would like to participate. Please acquaint yourself with each of these forms.

**Individual entry payment details form (Pay- 2):** For individual and team entries to be complete, payment must accompany the IRF. No personal cheques will be accepted. Payments may be made using the following methods:

- Ø By direct bank transfer as follows:
  - Bank of America NT & SA, One World Trade Centre
  - New York, New York, USA
  - ABA#026009593
  
  - For credit to CIBC Toronto, Canada
  - a/c #6550.b-26157
  
  - For further payment to
  - CIBC Caribbean Ltd
  - Bridgetown, Barbados
  - a/c #2826410
  
  - For final credit to
  - beneficiary's name & a/c#
  - CIBC Broad Street
  - a/c 10039148

- Ø Online by credit card-
  - Please e-mail credit card number with the expiry date of the credit card. This is very important information.
- Ø Banker's draft sent by FEDEX, DHL, or UPS made payable to the Barbados Amateur Swimming Association
- Ø Travellers cheques

A **waterpolo player** must send the required documentation with two (2) forms, IRF - 1, and PAY - 2

A **waterpolo team representative** must send two (2) forms, IRF-1, and PAY -2. No need for proof of age or Masters Card unless competing as well. The Team Representative must submit team players roster upon arrival.

**Open water swimming** must send the required documentation with three (3) forms IRF - 1, PAY - 2 & OP -3.

A **postal only swimmer** must send the required documentation with three (3) forms, IRF-1, POST - 2, and the POST - 1.

Individual Registration Forms(IRF - 1) received will be acknowledged and a copy stamped and returned to the provided fax or e-mail address indicated for each competitor of club.

**All enquiries concerning this championship must be addressed to [basa@caribsurf.com](mailto:basa@caribsurf.com) or [championship@latycar.org](mailto:championship@latycar.org).**

## SWIMMING

Competition dates: Monday, September 1 – Friday, September 5, 2003  
Warm up: 6:00 am - 7:40 am  
Competition starts: 8:00 am - 3:00 pm

- All events will be pre-seeded.
- A swimmer may enter a maximum of five individual events
- The oldest age groups will be seeded first with slowest to fastest swum within each age group.
- To allow for a smoothly run event swimmers are asked to report to the Clerk of Course at least four (4) heats prior to their own heat. This is especially important for short distance events.
- Events will be swum alternating women's and men's heats.
- The 400 M and 800 M freestyle events may have two swimmers of the same gender per lane. The 800 M freestyle will be swum open with the results organised in the respective age groups.

- The 1500 M freestyle will be swum postal six weeks prior to the deadline final entry date.
- Deck Access: Every effort will be made to maintain a clear pool deck during competition hours. Only those swimmers who are waiting in organised heats for a swim will be permitted on the pool deck.
- No swimmer will be allowed to swim a race that he or she has not officially entered. Any swimmer entering an empty lane for the purpose of swimming a race in an unauthorized fashion will be disqualified from the meet entirely.

## RELAY EVENTS

- All relay events will be swum on Friday, September 6, 2003.
- All relay team members must be affiliated with the same Masters Club and must be pre-registered in the meet by the entry deadline date.
- It is the responsibility of the relay team representative to pick up the relay cards for their team from the Meet Director. These must be completed and returned to the Meet Director by 12:00 NOON on Thursday, September 4, 2003.
- As above all four relay members must report to the Clerk of Course two heats prior to their designated heat.
- Swimmers may only participate in one age-group during relay events to a maximum of four relays.

## OPEN WATER SWIMMING

**Date: Saturday, September 6, 2003**

Warm up: 6:00 am – 7:40 am  
 Competition starts: 8:00 am – 12:00 Midday  
 Venue: Carlisle Bay, Bay Street  
 Events: 3k or 5k

### Competition Rules:

A Competitor May Only Participate In One Event.

## WATER POLO

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**Date: Monday, September 1 – Friday, September 5, 2003**

Warm up: 3:00 pm Daily  
 Competition starts: 4:00 pm Daily  
 Age Groups: Under 45 Years Of Age 45 Years and Over

## SWIMMING ORDER OF EVENTS

EVENT NO            EVENT

### ***Day 1 – Monday, September 1, 2003***

1 – 2                800 M freestyle/libre  
3 – 4                200 M Individual Medley/combinado  
5 – 6                100 M backstroke/espalda

### ***Day 2 – Tuesday, September 2, 2003***

7 – 8                200 M breaststroke/pecho  
9 – 10               50 M backstroke/espalda  
11 – 12              100 M butterfly/mariposa  
13 – 14              200 M freestyle/libre

### ***Day 3 – Wednesday, September 3, 2003***

15 – 16             400 M individual medley/combinado  
17 - 18             50 M butterfly/mariposa  
19 - 20             100 M breaststroke/pecho  
21 - 22             200 M backstroke/espalda

### ***Day 4 – Thursday, September 4, 2003***

23 – 24             400 M freestyle/libre  
25 – 26             50 M breaststroke/pecho  
27 – 28             100 M freestyle/libre  
29 – 30             200 M butterfly/mariposa

### ***Day 5 – Friday, September 5, 2003***

31 – 32             50 M freestyle/libre  
Relays/Relevos  
33                    200 M mixed free relay/relevos libre mixtos  
35 – 36             200 M medley relay/relevos combinados  
37 - 38             200 M free relay/libre  
39                    200 M mixed medley/relevos combinados mixtos

## POINTS AND AWARDS

- Awards will be presented to the top eight (8) finishers in each age group for each event.
- All competitors will receive a plaque; first, second and third places will receive medals and places one to eight will receive stickers.
- Awards, based on the highest points achieved, will be given to the Most Outstanding Swimmer in each age group – Male & Female for swimming, open water swimming and postal swimming events.

- A Trophy will be presented to the Male and Female Champion Team and the highpoint trophy to the overall champion team based on the swimming, open water swimming, postal and water polo events.
- Points will be awarded for individual age group events including Open Water Swimming and Postal Events as follows:
  - 9 – first place
  - 7 – second place
  - 6 – third place
  - 5 – fourth place
  - 4 – fifth place
  - 3 – sixth place
  - 2 – seventh place
  - 1 – eight place
- Points for relays and water polo would be doubled those for individual events.

## **ACCOMMODATION & TRANSPORTATION**

The Aquatic Centre is located in the parish of Christ Church close to the South Coast of the Island where the many hotels, restaurants and nightspots are located. Most of the hotels on the South Coast are within 15-30 minutes drive in traffic from the Aquatic Centre. The BASA Organising Committee is currently working with the hotels and tour companies to negotiate competitive rates for participants. This information will be forwarded to you via e-mail and will also be made available on the website [www.swimbarbados.com](http://www.swimbarbados.com).

## **ENTERTAINMENT**

An extensive social package is currently being compiled by the Organising Committee and will include a featured event every evening.

**WE ARE CERTAINLY LOOKING FORWARD TO WELCOMING YOU HERE IN  
BARBADOS IN SEPTEMBER 2003!!!!!!!!!!**

## COMPETITION SCHEDULE AND ENTRY FEES

*Summary Training, Competition, Registration & Special Events Schedule August 30 through September 6 2003.*

<b>Date</b>	<b>OpenWater Swim</b>	<b>Postal</b>	<b>Swimming</b>	<b>Water Polo</b>	<b>Special Events</b>
	<b>Carlisle Bay</b>	<b>World 'Anywhere'</b>	<b>Aquatic Centre</b>	<b>Aquatic Centre</b>	
Saturday 30 August			Practice	Practice	
Sunday 31 August			Practice	Practice	Inauguration/Boat Yard
Monday 1 September			6.00 am – 3.00 pm	Game Play	Harbour Lights
Tuesday 2 September			6.00 am – 3.00 pm	Game Play	
Wednesday 3 September			6.00 am – 3.00 pm	Game Play	Fiesta Latina
Thursday 4 September			6.00 am – 3.00 pm	Game Play	
Friday 5 September			6.00 am – 3.00 pm	Game Play	Cruise
Saturday 6 September	3Km & 5 Km.		8.00 am – 12 midday		Plantation Restuarant
1 <sup>st</sup> January to 18 <sup>th</sup> July 2003		1.500 m. "Solo"			

**Competitor Registration Sunday, August 31, 2003 from 2:00-5:00pm at the Aquatic Centre.**

<b>Sport Discipline</b>	<b>Entry Fee (US\$) And inclusive of Valued Added Tax (VAT)</b>	<b>Minimum age of competitor on December 31, 2003</b>	
		<b>Master</b>	<b>Sub-Master</b>
<b>Individual Registration</b>	<b>US\$ 40.00 per competitor &amp; \$6.00 per event</b>		
<b>Open Waters Swimming</b>	<b>US\$20.00 per competitor</b>	<b>25+</b>	<b>19-24</b>
<b>Water Polo</b>	<b>US\$ 250.00 per team (US\$ 6.00 per player)</b>	<b>30+</b>	<b>No</b>
<b>1500 Postal</b>	<b>US\$ 6.00 per event</b>	<b>25+</b>	<b>19-24</b>



## Open-Waters Swimming Entry "OP-1" General Information Sheet

### All Open Waters events will be held at Carlisle Bay

I have read this "Open Waters Swimming information sheet" for full detailed information for this sport event and I am aware of all the conditions and that I am allowed to participate in one of the two distances.

Surname

Name

Team Name

Gender Male  Female

Event	Women Entry Times Estimated minutes	Event	Men Entry Times Estimated minutes	Event
Saturday, September 6, 2003				
No. 1		3 Kilometer Open Ocean		No. 2
Saturday, September 6, 2003				
No. 3		5 Kilometer Open Ocean		No. 4

- There must be a minimum of 50 participants. Athletes would be informed well in advance

**Masters FINA age groups:** 25-29, 30-34, 35-39, and successively in five-year increments as high as necessary. Actual age of the competitor on 31 December 2003.

**Special invitation:** "sub-Masters" 19-24 are welcome to participate and must comply with the forms to be filled.

**Awards.** Medals: 1<sup>st</sup> to 3<sup>rd</sup> place in each age group. Each registered athlete will receive a special championship participation award.

**Training opportunities** will be available at specific times and will be outlined in the Championship Program available upon Competitor Registration.

**Technical Meeting** 31<sup>st</sup> August, 2003 at the Aquatic Centre, Wildey, St. Michael, Barbados.

**Swim Lengths** 3 or 5 kilometres (approximately). Based on professional or medical advice, the Organising Committee reserves the right to change the length of the swim should adverse weather conditions prevail.

**Competition Venue,** Carlisle Bay. Travel time is approximately 15 minutes from Hotels on the South Coast.

**Venue Characteristics,** The water is a sea bay not subject to pollution, regularly used for triathlon events, and recreational swimming. Average water temperature is expected to be 27° Celsius.

**Time Limits:** Swimmers who cannot complete the 3km distance in 90 minutes may be subject to termination of their swim. The 5km ladders may be subject to termination as per the advice of course judges.

**Pre-Seeding:** Start times for each group/wave will be available on arrival from Competitor Registration. Swimmers may be arranged in waves from fastest to slowest or by age groups.

**Safety:** Full medical provision and appropriate safety craft will be provided during the competition.

**Reporting:** It is the responsibility of every swimmer to report to the clerk of the course at least 15 minutes prior to the start of their designated race. A bright colored cap for each swimmer will be provided. It is compulsory for each swimmer to wear this cap.

**Hospitality:** post race beverages will be provided at the open water venue for all competitors.

## Swimming Entry Form SEF

Surname

Name

Team Name

Gender Male  Female

Event	Women Entry Times Estimated minutes	Event	Men Entry Times Estimated minutes	Event
<b>Monday , Sept 01, 2003</b>				
No. 1		800 M freestyle/libre		No. 2
No. 3		200 M Individual Medley/comb		No. 4
No. 5		100 M Backstroke/espalda		No. 6
<b>Tuesday, Sept 02, 2003</b>				
No. 7		200 M Breaststroke/pecho		No. 8
No. 9		50 M Backstroke/espalda		No. 10
No. 11		100 M Butterfly/mariposa		No.12
No. 13		200 M Freestyle/libre		No.14
<b>Wednesday, Sept 03, 2003</b>				
No. 15		400 M Individual Medley/comb		No. 16
No. 17		50 M Butterfly/mariposa		No. 18
No. 19		100 M Breaststroke/pecho		No. 20
No. 21		200 M Backstroke/espalda		No. 22
<b>Thursday, Sept 04, 2003</b>				
No. 23		400 M Freestyle/libre		No. 24
No. 25		50 M Breaststroke/pecho		No. 26
No. 27		100 M Freestyle/libre		No. 28
No. 29		200 M Butterfly/mariposa		No. 30
<b>Friday, September 05, 2003</b>				
No.31		50 M Freestyle/libre		No. 32
		RELAYS/RELEVOS		
No. 33		200 M freestyle/libre mixtos		
No. 35		200 M Medley/combados		No. 36
No.37		200 M freestyle/libre		No. 38
No.39		200 M Mixed Medley/comb.mixt		

### **General Information**

- Only enter times or NT for events to be entered
- See the Swimming section on page 5 of the Summons for general information relating to the swimming competition.

## WATERPOLO TEAM ENTRY FORM "WP - 2"

	Team Members Names		Club Registration					Age @
	Surname	First Name	Number					31.12.03
1								
2								
3								
4								
5								
6								
7								
8								
9								
10								
11								
12								
13								

- Any amendments to the above team list should be advised on arrival in Barbados at Competitor Registration. Any substitute must previously have filled the individual Registration Form prior to July 18, 2003.

**Tick as Appropriate**

√	Event N°.	Team	Age Group in which team will participate
		<i>Men's (or mixed)</i>	
		<i>Women's</i>	





Original document of BANK TRANSFER  Travellers cheques  Cashiers / Bank Cheques

I have read and understood all entry information pertaining to this event including my acceptance of the Championship "Liability Release" and credit card conditions.

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

**All entries must be received no later than Friday July 18 and only to the address indicated in the "Entry Procedures & Competition Regulations. No "IRF's" will be accepted via telefax or e-mail. Please.**



**POSTAL ENTRY PAYMENT FORM "Post - 1"**

**For Athletes & Representatives ONLY participating in the WORLD-WIDE Postal Events.**

All of the following items must accompany your entries; please confirm each of the following

I have attached a photocopy of an official document proving my age.....

I have attached my individual /our Team's Post 2,3 & 4 Forms.....

Surname - >

Name - >

TEAM Name

I enclosed the following fees. Please debit my credit card account in the total sum due

Postal: 1.500 meter swim	X	US\$ 5.00
*Each Gold Sponsor will appear in our special AMISTAD HONOR ROLL in the <a href="http://www.latycar.org">http://www.latycar.org</a>		
<b>TOTAL AMOUNT DUE IN US\$:</b>		

Only charges/debits to credit cards that show the same surname on the entry forms  
Entries received without payment details will not be accepted. There will be no entry/registration refunds for any reason

**VISA • MASTERCARD •** Number that appears on my credit card:

Expiration date: \_\_\_\_/\_\_\_\_

Write your name(s) initial and surname (s) EXACTLY as they appear on your card:

\_\_\_\_\_

"I herewith accept the obligation to pay the card issuing Bank the total amount that appears below in exchange for products and services rendered. My obligation here assumed is for total payment and subject not only to contractual terms with the credit card issuing company but also with the conditions set forth by the Organizing Committee of "LatyCar" a non-profit organization. Since an Immediate service process in my name will begin immediately upon receiving this form, I expressly authorize LatyCar to electronically or manually charge the card number provided with the understanding that this payment form is in the amount of US\$:"

"I understand that a maximum of three tries will be made for approval to my card. I will be notified by e-mail or fax only in the event that my card charge is not approved and furthermore I accept, and LatyCar understands, that I am still in the obligation to pay the sum amount and that I will pay either by bank transfer or cashiers/bank check upon request" .

Cardholders signature in acceptance of charges and conditions: \_\_\_\_\_  
**Please remember to provide an email address or fax # with recipient information.**

Mark the corresponding box if a different form of payment is used (keep photocopies of originals):

Original document of BANK TRANSFER  Travelers checks  Cashiers / Bank Check

I have read and understood all entry information pertaining to this event.

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

**All entries must be received no later than Friday July 18 and only to the address indicated in the "Entry Procedures & Competition Regulations". No "IRF"s" will be accepted via telefax or e-mail. Please.**

**Accompany this form with the "Post 2, 3 & 4 Recorded Times Form" and "IRF-1"**